



75th Ranger Regiment
U.S. Army Special Operations Command

Ranger Medic Application Packet



DEPARTMENT OF THE ARMY
HEADQUARTERS 75TH RANGER REGIMENT
P.O. BOX 55843
FORT BENNING GEORGIA 31905-5843

REPLY TO
ATTENTION OF

AORG-SU-RMED

MEMORANDUM FOR RANGER MEDIC VOLUNTEERS

SUBJECT: Ranger Regiment Medic Volunteer Information Letter

1. PURPOSE. The purpose of this letter is to inform Ranger Medic Volunteers of the standards required in order to pass the Ranger Indoctrination Program (RIP) or the Ranger Orientation Program (ROP).

2. GENERAL.

- a. Prerequisites for a Ranger Medic. The following are prerequisites to be eligible for assessment and selection as a Ranger Medic. Waivers to these prerequisites are approved only by the Regimental Senior Medic and the Regimental Sergeant Major. Waivers are rarely authorized.

- (1) Active duty male in the rank of PVT/E1 through SFC/E7.
- (2) Army MOS 91W Health Care Specialist (Combat Medic). M6 personnel or any other 91W variant MOS are ineligible for assignment to the Regiment and will not be considered.
- (3) Must possess a GT Score of 115 or higher.
- (4) Must be a United States citizen and eligible for a SECRET security clearance.
- (5) Must be Airborne qualified or willing to volunteer to attend prior to RIP.
- (6) Must possess a high school diploma or a GED.
- (7) Must meet physical examination requirements IAW AR 40-501 for duty status as an Airborne Ranger.
- (8) Must not be under an UCMJ actions or barred for re-enlistment.
- (9) Must be willing to extend or re-enlist to meet service obligations of 2 years upon graduation from the SOCM course.
- (10) Must not have a prior Airborne/Ranger/Special Forces termination or voluntary withdrawal.

b. Ranger Indoctrination Program (RIP). RIP must be completed by all Ranger candidates in the ranks of Pvt (E1) through SPC (E4) in order to be assigned to the 75th Ranger Regiment. Each candidate is required to complete the following events:

(1) A score of 70% or higher on all events of the APFT in the 17-21 age group, in addition to 6 chin-ups. One retest is given, and/or option to recycle. Once you are accepted into the Regiment, you will be required to maintain 80% in your age group in all events on every APFT or be released from the unit.

(2) The 5-Mile run must be completed in formation in 40 minutes (plus or minus 15 seconds). Pace-per-mile may vary from 7:45/mile to 8:15/mile. One retest is given and/or option to recycle.

(3) Must complete three (3) cadre-led 6, 8, and 10-Mile road marches in 1.5, 2, and 2.5 hours or less. Pace-per-mile may vary from 14:30/mile to 15:30/mile. The road march must be completed in formation with a 45 lb rucksack and weapon. Individuals may finish no further than 10 meters behind the last man in formation. One retest is given and/or option to recycle.

(4) The Combat Water Survival Test (CWST) must be completed with all designated equipment except weapon. If the individual drops the weapons during the 15 meter swim, the equipment removal or the 3 meter drop, he will be graded a GO and designated a weak swimmer. One retest is given.

(5) Academic Standards. 70% is the minimum passing score on all written exams and quizzes. Ranger candidates will be trained to standard during remedial and school-of-the-soldier training time. Results of all academic evaluations are forwarded to the receiving unit's CSM.

c. Ranger Orientation Program (ROP). ROP must be completed by all Ranger candidates in the ranks of SGT (E5) and higher in order to be assigned to the 75th Ranger Regiment. Each candidate is required to complete the following events:

(1) A score of 80% or higher on all events of the APFT for the individual's age group, in addition to 6 chin-ups. One retest is given, and/or option to recycle. Once you are accepted into the Regiment, all personnel are required to maintain 80% in all events on every APFT or be released from the unit.

(2) The 5-Mile run must be completed in 40 minutes (plus or minus 15 seconds). One retest is given and/or option to recycle.

(3) Medics (along with combat arms NCO's) must complete a 12-Mile road march in 3 hours or less. Pace-per-mile may vary from 14:30/mile to 15:30/mile. The road march must be completed with a 45 lb rucksack and weapon. One retest is given and/or option to recycle.

(4) The Combat Water Survival Test (CWST) must be completed with all designated equipment except weapon. If the individual drops the weapons during the 15 meter swim, the equipment removal or the 3 meter drop, he will be graded a GO and designated a weak swimmer. One retest is given.

(5) Academic Standards. 70% is the minimum passing score on all written exams and quizzes. Results of all academic evaluations are forwarded to the receiving unit's CSM. ROP candidates receive training and familiarization in the following key tasks: Regimental Standards, Airborne Refresher, Advanced MOUT, weapons familiarization, communications familiarization, fire support orientation, fast rope training, force protection, and the Ranger Physical Training Program.

(6) ROP candidates undergo a psychological assessment by the USASOC Psychologist, undergo evaluation on leader oriented tasks, and must receive successful recommendation from the RASP Board interview.

c. Reasons for Release from RIP or ROP.

- (1) Failure to meet minimum standards (70%) on the APFT.
- (2) Failure to successfully complete 4 chin-ups in conjunction with the APFT.
- (3) Failure to complete 5-Mile run in 40 minutes.
- (4) Failure to complete the 15 meter swim of the CWST.
- (5) Failure to complete the road marches in formation with 45 lb rucksack in the designated time.
- (6) Failure to adhere the Ranger Standards or Ranger Creed.

d. All incoming medical personnel will attend the Special Operations Combat Medic Course (SOCM) at the Joint Special Operations Medical Training Center at Fort Bragg, NC prior to being assigned to a Ranger Unit. This is an extremely demanding academic medical course that is 27 weeks in length. Upon completion, a graduate will be USSOCOM State Emergency Medical Technician-Paramedic certified and will have completed a 1-month tour in a major city trauma center and a 3 week block of special operations military medicine. This course is Phase I of the 18D Special Forces Medic Sergeant Course and is designed for Ranger Medics, Navy SEAL Corpsman, and USAF Pararescuemen. Failure to complete the SOCM course will result in being dropped from Ranger assignment. Personnel coming from AIT and Airborne school will be placed in student transient status until the next available SOCM class. Personnel recruited from other active duty units, will complete ROP and return to their previous unit until the next available SOCM course. This is a PCS school. Following RIP/ROP, you will PCS to Fort Bragg to attend the course and upon completion be assigned to a Ranger unit. Failure to complete the course may result in the soldier being returned to previously assigned unit or assigned IAW the needs of the Army. We only want the best medics. Graduates will carry the additional skill identifier "W1" (SOCM) for the rest of their career.

3. ENCLOSURES.

a. Enclosed is a 5-week physical fitness program that may be used to prepare you for successfully passing Ranger Standards.

b. Enclosed is the Ranger Creed. This is the creed and lifestyle of a Ranger while in garrison, training, or combat. You will be required to learn and recite it during RIP/ROP. You will be required to live by it in the Regiment.

4. CONCLUSION.

a. You have volunteered for one of the most elite units in the U.S. Armed Forces. Always remember that we want only the best. Push yourself to be the very best.

b. There will be times when you will feel tired, worn-out, and hungry. Do not ever let it get you down; eventually it will end. You must be mentally and physically strong to complete Ranger training. Deep down, it is simply whether you have the heart to fight and win.

c. Never quit! Quitting never accomplishes anything except being a quitter. If you fail an event, try again as many times as you can. Failing and quitting are not the same thing.

d. Candidates are very strongly encouraged to physically train themselves prior to reporting to the Ranger Training Detachment. At a minimum, you should test yourself on all physical events to see where you stand and what you need to work on.

e. Ranger Medics are expected to be the best in the Army. You will undergo some of the best medical training offered today. You will not be able to do that outside of the special operations community

f. Ranger Standards are the same for everyone in the Regiment. All MOS fields are required to pass the same standards in order to be accepted into the Regiment. Everyone trains together and for the same mission.

5. Keep working on being the best. The Ranger Regiment needs the best soldiers in the Army. Do not let anybody convince you that life is easier in the normal Army. It may be easier, but not half as rewarding or challenging.

6. Point-of-Contact at the Ranger Regiment is the Regimental Senior Medic.

RANGERS LEAD THE WAY!

Encls

1 PT Program

2 Ranger Creed

3 Application Checklist

4 Questionnaire

5 Application Checklist

6 SOCM Course Description

7 Example DA 4187

H.R. MONTGOMERY

MSG, USA

Regimental Senior Medic

ADDRESS:

Commander

HQ, 75th Ranger Regiment

AORG-SU (RMED)

Fort Benning, GA 31905-5843

E-Mail: montgomj@soc.mil

PHONE:

Commercial (706)545-5766

DSN 835-5766/4545

FAX (706)545-5830

Pager (706)317-8001

TDY Pager:

1-800-443-7243

#061-390

75th Ranger Regiment
Medical Personnel Application
QUESTIONNAIRE

NAME (L,F,Mi) _____ RANK _____

SSN _____ PMOS(CIRCLE) 91B 18D SMOS _____

CURRENT UNIT: _____

MAJOR COMMAND/DIVISION: _____

Time on station at current post: _____ MONTHS

CURRENT JOB POSITION: _____ HOW LONG? _____

MAILING ADDRESS: _____

DUTY PHONE: DSN: _____ COMM: _____ HOME _____

E-MAIL ADDRESS: _____

MILITARY / MEDICAL SCHOOLING: (CIRCLE AS APPLICABLE)

AIRBORNE	RANGER	AIR ASSAULT	SPECIAL FORCES	JUMPMaster
FLIGHT MED	DIVE MED	SCUBA	MFF/HALO	SERE-C
PLDC	BNCOC	ANCOC	DRILL SGT	
EMT-BASIC	EMT-INTERMEDIATE		EMT-PARAMEDIC	MIEMMS
PHTLS ACLS	BCLS	BTLS		
300F1/SF MEDIC	PARARESCUE			

OTHER: _____

MEDICAL TRAINING & SCHOOLING (LIST ANY NOT ALREADY COVERED):

MEDICAL CERTIFICATIONS/QUALIFICATIONS THAT ARE CURRENT: (LIST SKILL AND EXP DATE----I.E. EMT-B APR 95) _____

NONCURRENT MEDICAL CERTIFICATIONS: (SKILLS THAT ARE EXPIRED)

PREVIOUS ASSIGNMENTS: (LIST UNIT, JOB POSITION, TIME SERVED)

1. _____
2. _____
3. _____
4. _____
5. _____

WHAT POSITION WOULD YOU PREFER TO SERVE IN THE RANGER REGIMENT?

WHICH REGIMENTAL UNIT WOULD YOU PREFER TO BE POSTED AT?

WHAT FOREIGN LANGUAGES DO YOU SPEAK (NOT REQUIRED)?

WHAT SECURITY CLEARANCE DO YOU CURRENTLY HOLD? _____

DO YOU HAVE ANY NONFAVORABLE/UCMJ ACTIONS BEING TAKEN AGAINST YOU? IF YES, DESCRIBE IT:

WHY DO YOU WANT TO BE A RANGER MEDIC (BRIEF STATEMENT)? _____

I UNDERSTAND THAT MY ASSIGNMENT TO THE RANGER REGIMENT IS SUBJECT TO APPROVAL FROM RANGER BRANCH AND MY MOS BRANCH AT DA. I ALSO UNDERSTAND THAT I MUST COMPLETE THE RANGER INDOCTRINATION COURSE (RIP) OR THE RANGER ORIENTATION PROGRAM (ROP) PRIOR TO MY ASSIGNMENT TO THE REGIMENT. I ALSO STATE THAT ALL OF THE ABOVE LISTED INFORMATION IS TRUE TO THE BEST OF MY KNOWLEDGE. I UNDERSTAND THAT THE RANGER REGIMENT IS BASED ON STANDARDS, AND THAT I WILL ALWAYS MAKE THE ENDEAVOR TO MEET AND EXCEED THE STANDARDS.

SIGNATURE OF APPLICANT _____

DATE: _____

SUGGESTED

PRE-RIP PHYSICAL TRAINING

WEEK 1:

- DAY 1:** See what you can do. Do the very best that you can do. See how you feel at the end of the day.
APFT (maximum performance in all events) (add 6 pull-ups to the P.T. Test)
100-meter swim nonstop (any stroke, do not swim on your back or touch the bottom or sides)
3-Mile Road March in 45 minutes with 30-pound rucksack. (march along road, wear well broken-in boots with thick socks)
- DAY 2:**
- (a) Three sets of sit-ups (maximum performance in 30 second periods)
 - (b) 3-Mile Run (moderate 8-9 minute mile pace)
 - (c) Three sets of crunches or flutter kicks. (20 repetitions per set)
- DAY 3:**
- (a) Three sets of push-ups (maximum performance in 30 second period)
 - (b) Rope climb or 3 sets of pull-ups (as many as you can do)
 - (c) 4-Mile Road March in 1 hour.
- DAY 4:**
- (a) 200-meter swim OR run 2 miles
 - (b) Three sets of sit-ups (maximum performance in 35 second periods)
 - (c) Three sets of crunches or flutter kicks. (20 repetitions per set)
- DAY 5:**
- (a) Three sets of push-ups (maximum performance in 35 second period)
 - (b) Rope climb or three sets of pull-ups (as many as you can do)
 - (c) 5-Mile Road March in 1 hour, 15 minutes.

WEEK 2:

- DAY 1:**
- (a) Three sets of push-ups (maximum performance in 35 seconds)
 - (b) Three sets of pull-ups
 - (c) 4-Mile Run in 32 minutes
- DAY 2:**
- (a) Four sets of sit-ups (maximum performance in 35 seconds)
 - (b) Four sets of crunches and flutter kicks (20 repetitions per set)
 - (c) 200-meter swim
- DAY 3:**
- (a) Three sets of push-ups (maximum performance in 40 seconds)
 - (b) Three sets of pull-ups
 - (c) 5-Mile Road March in 1 hour, 15 minutes
- DAY 4:**
- (a) Four sets of sit-ups (maximum performance in 40 seconds)
 - (b) Four sets of crunches and flutter kicks (20 repetitions per set)
 - (c) Three sets of squats with 35-pound rucksack. Go down only to the point that the upper and lower leg form a 90 degree bend at the knee.
- DAY 5:**
- (a) Four sets of push-ups (maximum performance in 45 seconds)
 - (b) Three sets of pull-ups
 - (c) 5-Mile Run in 42 minutes

WEEK 3:

- DAY 1:**
- (a) Four sets of push-ups (maximum performance in 45 seconds)
 - (b) Rope climb or 4 sets of pull-ups
 - (c) Fast 3-Mile Run (6 to 7 minute pace) in 22 minutes
- DAY 2:**
- (a) Four sets of sit-ups (maximum performance in 45 seconds)
 - (b) Four sets of crunches and flutter-kicks (20 repetitions per set)
 - (c) Four sets of squats with 35-pound rucksack
- DAY 3:**
- (a) Four sets of push-ups (maximum performance in 50 seconds)
 - (b) Four sets of pull-ups
 - (c) 4-Mile Run (8 minute pace) in 32 minutes
- DAY 4:**
- (a) Four sets of sit-ups (maximum performance in 50 seconds)
 - (b) Four sets of crunches and flutter kicks (25 repetitions per set)
 - (c) 200-meter swim
- DAY 5:**
- (a) Four sets of push-ups (maximum performance in 50 seconds)
 - (b) Four sets of pull-ups
 - (c) 6-Mile Road March in 1 hour, 30 minutes

WEEK 4:

- DAY 1:**
- (a) Four sets of push-ups (maximum performance in 50 seconds)
 - (b) Rope-climb or four sets of pull-ups

- (c) 2-Mile Run (fast) (under 14 minutes)
- DAY 2:**
 - (a) Four sets of sit-ups (maximum performance in 50 seconds)
 - (b) Four sets of crunches and flutter kicks (25 repetitions per set)
 - (c) 200-meter swim
- DAY 3:**
 - (a) Four sets of push-ups (maximum performance in 55 seconds)
 - (b) Four sets of pull-ups
 - (c) 8-Mile Road March in 2 hours
- DAY 4:**
 - (a) Four sets of sit-ups (maximum performance in 55 seconds)
 - (b) Four sets of crunches and flutter kicks (30 repetitions per set)
 - (c) Four sets of squats with 50-pound rucksack
- DAY 5:**
 - (a) Four sets of push-ups (maximum performance in 1 minute)
 - (b) Four sets of pull-ups
 - (c) 5-Mile Run in 40 minutes

WEEK 5:

- DAY 1:**
 - (a) Four sets of push-ups (maximum performance in 1 minute)
 - (b) Four sets of pull-ups
 - (c) 4-Mile Run in 32 minutes
- DAY 2:**
 - (a) Four sets of sit-ups (maximum performance in 1 minute)
 - (b) Four sets of crunches and flutter kicks (30 repetitions per set)
 - (c) 200-meter swim
- DAY 3:**
 - (a) Five sets of push-ups (maximum performance in 1 minute)
 - (b) Four sets of pull-ups
 - (c) 3-Mile fast Run (under 21 minutes)
- DAY 4:**
 - (a) Five sets of sit-ups (maximum performance in 1 minute)
 - (b) Four sets of crunches and flutter kicks (35 repetitions per set)
 - (c) Four sets of squats with 50-pound rucksack
- DAY 5:**
 - (a) Five sets of push-ups (maximum performance in 1 minute)
 - (b) Four sets of pull-ups
 - (c) 10-Mile Road March in 2 hours, 30 minutes

WEEK 6:

- DAY 1: (APFT)**
 - (a) Maximum number of push-ups in 2 minutes
 - (b) Maximum number of sit-ups in 2 minutes
 - (c) At least 6 pull-ups
 - (d) 2-Mile Run (best possible time)
- DAY 2:** 12-Mile Road March in 3 hours
- DAY 3:** 5-Mile Run in under 40 minutes

**75th Ranger Regiment
Medical Personnel
APPLICATION PACKET CHECKLIST**

1. These items are to be sent to the Ranger Regiment:

- _____ * Enlisted Record Brief (ERB)
- _____ *DA4187 stating that you are volunteering for Ranger Assignment, and that you are willing to extend/re-enlist to meet service obligations. Send the original through your normal personnel channels to DA Ranger Branch. Send a copy to the Ranger Regiment.
- _____ *Ranger Medical Personnel Questionnaire
- _____ *Copy of APFT results within the last 6 months
- _____ * E5 and above are required to send their last 5 years of NCOERs
- _____ * Letters of Recommendation - at least 2 letters of recommendation (one from unit commander/CSM, and preferably one from a medical supervisor)
- _____ Volunteer Statement (AIT Students Only)
- _____ Optional Support Paperwork (Resume, commendations, etc...)
(Any items you feel will support you packet)

Ensure that everything is legible and that you have included your contact address and phone number and e-mail.

*** Packets without these items will NOT be accepted !!!**

2. Ensure that your paperwork is organized and updated.
3. This paperwork is for medical personnel requesting ASSIGNMENT to the 75th Ranger Regiment. It is NOT for requesting a Ranger School slot.
4. DO NOT call the Ranger Battalions to request assignment or placement; all assignments go through the Regimental Headquarters.
5. Points-of-Contact:

Regimental Senior Medic	DSN 835-5766/4545 FAX (706)545-5830	Comm (706)545-5766
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Regimental PSNCO (S1)	DSN 835-3790
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Address: COMMANDER
HQ, 75th Ranger Regiment
ATTN: AORG-SU-RMED
Fort Benning, GA 31905

Rangers Lead the Way!!!

Ranger Creed

Recognizing that I volunteered as a Ranger, fully knowing the hazards of my chosen profession, I will always endeavor to uphold the prestige, honor, and high “esprit de corps” of my Ranger Regiment.

Acknowledging the fact that a Ranger is a more elite soldier who arrives at the cutting edge of battle by land, sea, or air, I accept the fact that as a Ranger my country expects me to move further, faster and fight harder than any other soldier.

Never shall I fail my comrades. I will always keep myself mentally alert, physically strong, and morally straight, and I will shoulder more than my share of the task, whatever it may be, one hundred percent and then some.

Gallantly will I show the world that I am a specially selected and well-trained soldier. My courtesy to superior officers, neatness of dress and care of equipment shall set the example for others to follow.

Energetically will I meet the enemies of my country. I shall defeat them on the field of battle for I am better trained and will fight with all my might. Surrender is not a Ranger word. I will never leave a fallen comrade to fall into the hands of the enemy, and under no circumstances will I ever embarrass my country.

Readily will I display the intestinal fortitude required to fight on to the Ranger objective and complete the mission, though I be the lone survivor.

RANGERS LEAD THE WAY!

DA 4187 Instructions:

THRU: Your Local Personnel Office
TO: Commander
Total Army Personnel Command
ATTN: TA-PC-ECPK-I
2461 Eisenhower Ave
Alexandria, VA 22331-0452
FROM: Your Unit

In Section III: Mark an X in the “Other” space and type in “Ranger Assignment”
Ensure you put your signature in the “Signature of Member” space and date it. The DA4187 cannot be processed unless YOU sign it.

In Section IV: Place the following statements in this section.

1. Request assignment to the 75th Ranger Regiment.
2. UCMJ Action Pending: Yes / No Flagged: Yes / No
Bar to Re-enlist: Yes / No
3. ETS Date: YYMMDD DEROS Date (only if overseas) YYMMDD
4. Time on station: (I.E. 28 months) Date of last PCS: YYMMDD
5. I am available for reassignment on YYMMDD.
6. I am willing to extend or reenlist to meet service obligations.
7. I understand that I will attend the Ranger Assessment and Selection Program (Ft Benning) and the Special Operations Combat Medic Course (Ft Bragg) prior to assignment to the Regiment. I further understand that failure of either course will release me from Ranger assignment and reassignment as based on the needs of the Army.
8. (AS APPLICABLE FOR SOCM Graduates or personnel awarded ASI W1) I have previously completed the Special Operations Combat Medic Course in Class XX-XX graduating on YYMMDD **OR** I have been awarded additional skill identifier “W1” through previous SOF Medical Training and SOF Unit Assignment. Attach any diplomas or ASI Awarding orders if applicable.

In Section V:

It is not required that your commander sign the 4187, but it is highly recommended to get his signature.

Remember:

1. Fax a copy of your 4187 to the Regimental Senior Medic (FAX – 706-545-5830).
2. Send a copy through your personnel channels to PERSCOM.

Special Operations Combat Medic Course (300-F8)

Course Description

1. MEDICAL FUNDAMENTALS

Anatomy & Physiology, Pathophysiology, Medical Terminology, Medical Documentation, Pharmacology, Pharmaceutical calculations, and Basic Physical Examination Techniques

2. TRAUMA MANAGEMENT

Trauma Patient Assessment, Basic & Advanced Airway Management, Patient Management Skills, Pre-Hospital Trauma Emergencies & Care, Tactical Combat Casualty Care, Operating Room Procedures, Minor Surgical Skills, and NREMT-Basic Examination.

3. EMERGENCY MEDICINE

Medical Patient Assessment, Pediatric Emergencies, Obstetrics & Gynecology Emergencies, Medical Patient Emergencies, Emergency Cardiac Care & Cardiac Pharmacology, and Advanced Cardiac Life Support (ACLS), Tactical Medical Emergencies Protocols.

4. PARAMEDIC FIELD INTERNSHIP & CLINICAL ROTATION

2-Week Hospital Rotation – Emergency department, labor & delivery, surgical intensive care, pediatric emergency department, and operating room.

2-Week Ambulance Rotation - assignment to an Advanced Life Support EMS unit responsible for responding to a variety of 911 emergency calls.

5. EXAMINATION

USSOCOM EMT-Paramedic (EMT-P) and Advanced Tactical Practitioner (ATP) Examination

6. MILITARY MEDICINE

Care of the Trauma Patient in a Field Environment, Combat Trauma Management (CTM), Preventive Medicine, Nuclear, Biological & Chemical Casualty Care, Nursing Care, 30 hours of Clinical Sick Call rotation under medical officer supervision.

GRADUATION:

Certification as a USSOCOM-State Paramedic

Certification as a USSOCOM-State Advanced Tactical Practitioner

Certification as a National Registry EMT-Basic

Ability to challenge the National Registry EMT-Paramedic Examination

Completion of Special Operations Combat Medic Preparatory Correspondence Course is encouraged.

<https://www.atrrs.army.mil/default.asp>

Course Catalog: Course 081-18DSOCM

PERSONNEL ACTION

For use of this form, see AR 600-8-6 and DA PAM 600-8-21; the proponent agency is ODCSPER

DATA REQUIRED BY THE PRIVACY ACT OF 1974

AUTHORITY: Title 5, Section 3012; Title 10, USC, E.O. 9397.

PRINCIPAL PURPOSE: Used by soldier in accordance with DA PAM 600-8-21 when requesting a personnel action on his/her own behalf (Section III).

ROUTINE USES: To initiate the processing of a personnel action being requested by the soldier.

DISCLOSURE: Voluntary. Failure to provide social security number may result in a delay or error in processing of the request for personnel action.

1. THRU (Include ZIP Code) Your Local Personnel Office	2. TO (Include ZIP Code) Commander USA Human Resources Cmd ATTN: TA-PC-ECPK-I-Ranger 2461 Eisenhower Ave Alexandria, VA 22331-0452	3. FROM (Include ZIP Code) Your Unit
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SECTION I - PERSONAL IDENTIFICATION

4. NAME (Last, First, MI) LAST, First, MI	5. GRADE OR RANK/PMOS/AOC E- 91W	6. SOCIAL SECURITY NUMBER 000-00-0000
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SECTION II - DUTY STATUS CHANGE (AR 600-8-6)

7. The above soldier's duty status is changed from _____ to _____
_____ effective _____ hours, _____ 19 _____

SECTION III - REQUEST FOR PERSONNEL ACTION

8. I request the following action: (Check as appropriate)

<input type="checkbox"/> Service School (Enl only)	<input type="checkbox"/> Special Forces Training/Assignment	<input type="checkbox"/> Identification Card
<input type="checkbox"/> ROTC or Reserve Component Duty	<input type="checkbox"/> On-the-Job Training (Enl only)	<input type="checkbox"/> Identification Tags
<input type="checkbox"/> Volunteering For Oversea Service	<input type="checkbox"/> Retesting in Army Personnel Tests	<input type="checkbox"/> Separate Rations
<input type="checkbox"/> Ranger Training	<input type="checkbox"/> Reassignment Married Army Couples	<input type="checkbox"/> Leave - Excess/Advance/Outside CONUS
<input type="checkbox"/> Reassignment Extreme Family Problems	<input type="checkbox"/> Reclassification	<input type="checkbox"/> Change of Name/SSN/DOB
<input type="checkbox"/> Exchange Reassignment (Enl only)	<input type="checkbox"/> Officer Candidate School	<input checked="" type="checkbox"/> Other (Specify) Ranger Assignment
<input type="checkbox"/> Airborne Training	<input type="checkbox"/> Asgmt of Pers with Exceptional Family Members	

9. SIGNATURE OF SOLDIER (When required)
Your Signature10. DATE
YYMMDD**SECTION IV - REMARKS (Applies to Sections II, III, and V) (Continue on separate sheet)**

1. Request Assignment to the 75th Ranger Regiment.

2. UCMJ Action Pending: NO Flagged: NO Bar to Re-enlistment: NO

3. ETS Date: YYMMDD DEROS Date (only if overseas): YYMMDD

4. Time on Station: (i.e. 28 months) Date of Last PCS: YYMMDD

5. I am available for reassignment on YYMMDD.

6. I am willing to extend or reenlist to meet service obligations.

7. I understand that I will attend the Ranger Assessment and Selection Program (Ft Benning) and the Special Operations Combat Medic Course (Ft Bragg) prior to assignment to the 75th Ranger Regiment. I further understand that failure to complete either course will release from Ranger assignment and I will be reassigned as based on the needs of the Army.

2 encls
APFT Record Scorecard
Airborne/Ranger Physical Examination

SECTION V - CERTIFICATION/APPROVAL/DISAPPROVAL

11. I certify that the duty status change (Section II) or that the request for personnel action (Section III) contained herein -

☐ HAS BEEN VERIFIED ☒ RECOMMEND APPROVAL ☐ RECOMMEND DISAPPROVAL ☐ IS APPROVED ☐ IS DISAPPROVED

12. COMMANDER/AUTHORIZED REPRESENTATIVE

Commander's Signature Block

13. SIGNATURE

Commander's Signature

14. DATE

YYMMDD